

Russ Hartland-Shaw

Executive Coach



Coaching Style

Russ has a relaxed but structured approach to coaching, believing that confidence and trust, as well as a strong rapport is critical to success. Russ uses a variety of methods and techniques meaning every client will benefit from a bespoke service to suit themselves, meeting their development needs. Russ will challenge a clients thinking where necessary, exploring any self limiting beliefs and working through any blockages at the clients pace. Russ will help a client to see things differently and provide a new perspective. Whilst a client is focusing on personal development, Russ will always connect the coaching with wider organisational context ensuring there is mutual benefit to both client and organisation.

Representative Client Sectors

- Hospitality
- Financial Services
- Primary Education
- Higher Education
- Aerospace
- Charity

Background

Russ entered the world of work at 18 taking an apprenticeship in Marketing. He spent the next decade in Sales and Business Development in the Regional Publishing Sector working for Newspapers and Magazine titles across the Midlands.

The following decade was spent in FMCG and Hospitality, continuing in Sales and Business Development and moving into HR and Learning Development in 2015. It was here that Russ's passion for coaching was truly realised and he has been coaching ever since.

Needing more flexibility for his family and a desire to do more of what he loved and less of what he didn't, he left the corporate world behind him and set up his own coaching practice in December 2020.

Profile

Russ is an experienced coach having coached at all levels from exec to middle management. Being coached by Russ will lead to improved personal performance, and an increased self-confidence. If you are looking to gain a better understanding of yourself and improve the way you operate, both personally and professionally, then Russ is the coach for you.

Throughout his career, people development has always featured, whether it was mentoring a new starter through to leading a team of people, Russ is at his happiest when he is developing others.

Areas of Specialism

- Influencing
- Leadership and executive presence
- Managing change
- Motivating your team
- Self-awareness and emotional intelligence
- Improving work life balance
- Career Development

Professional Qualifications and Training

- Level 7 Certificate in Executive Coaching & Mentoring
- Change Management Practitioner

Let me introduce myself...
click [here](#) to watch a short video.

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